



The ARC Youth Team – Applicant information

The Atlantic Rally for Cruisers (ARC) is the largest trans-ocean sailing event in the world. Every November, 1,500 participants from more than 30 countries set off on-board 270+ yachts of all different sizes, sailing 2,700 nautical miles (5,000kms) west across the Atlantic Ocean, making landfall in the Caribbean a few weeks later.

Some participants are seasoned sailors who have dreamed about crossing an Ocean for years, but others have little or no sailing experience. People of all ages and from all walks of life take part in this prestigious event, but the one thing that unites all participants is a passion for adventure, and the prospect of achieving something that is often life-changing.

2019 marks the 30th consecutive year that the ARC has arrived in Saint Lucia, as well as the 40th anniversary of the Caribbean country's Independence. To celebrate and acknowledge this landmark anniversary, the organisers of the event, World Cruising Club, have created a unique and incredible opportunity to allow up to twelve young people a funded position to sail in ARC 2019.

Open to young residents of Gran Canaria and Saint Lucia, the successful applicants will act as ambassadors for their respective islands and sail across the Atlantic Ocean as a youth team on board a 72ft sailing yacht with ARC 2019, accompanied on board by a professional, experienced Skipper and Mate, and two qualified Watch Leaders.

Any highly motivated young people seeking a thrilling and truly life-changing experience as part of an integral and dedicated team are invited to apply for this unique opportunity



The spectacular annual start of the ARC from Las Palmas, Gran Canaria

Requirements to apply as crew

- Aged between 18-25 years (age on 1 October 2019)
- Two places may also be available for participants aged 25-30 years on 1 October 2019
- Full time resident of either Gran Canaria or Saint Lucia
- Basic level of spoken English (safety requirement)
- Available from Sunday 17 Nov to Monday 16 Dec 2019. Additional travel days may also be required
- Full passport valid until at least July 2020*
- Basic sailing experience to RYA Competent Crew or equivalent level
- Have a reasonable level of fitness and physical mobility
- Be a genuine team player and keen for a challenge - the correct attitude is more important than sailing ability

** Participants will need to ensure they have successfully completed a visitor's tourist visa (when required) before departure for the country they are non-resident in.*

We encourage both males and females to apply. The application and selection process will not be influenced in any way by the applicant's social, cultural or economic backgrounds.

Training before the start

There will be three days of training and team-building for all voyage crew in Las Palmas before the ARC departs. This includes thorough safety training and familiarisation of the ARC Youth Team yacht. We can also assist crews find the best basic sail training programme beforehand if they have no prior experience.

What you will gain from the ARC Youth Team experience

Tall Ship Sail Training Adventures, who operate the boat, have taken part in the ARC with this yacht many times. Through their extensive sail training adventure programme, they have proved that this form of experience is highly successful in improving the trajectory of personal skill development by offering:

- Young people, from all walks of life a physically and mentally challenging experience
- Development of long-term life skills including team working and problem solving in challenging conditions
- Awareness of the value of leadership skills
- The promotion of social understanding and friendship with crews of different backgrounds and nationalities
- A real sense of achievement and increased self-confidence
- A grand introduction to ocean sailing, experiencing valuable time away from the distractions of modern-day life



Arriving in Saint Lucia having completed the 2,700nm Atlantic crossing is an incredible feeling of achievement for all the ARC crews

ARC Youth Team Timeline – Saint Lucia

Mid May	Crew applications available online
Fri 7 June	Crew application deadline
July & August	Crew personal fundraising and sail competency training
Sep / Oct	Final Crew preparations
Weds 13 November	Bon Voyage Party for Sponsors & Crew
Fri 15 November	Saint Lucia crew fly to Canary Islands to join the boat
Sun 24 November	Start of ARC 2019 from Las Palmas de Gran Canaria
Weds 11 December	ARC 2019 Welcome Party in Rodney Bay including Crew & Sponsor Welcome
Mon 16 December	Last day on board the ARC Youth Team boat in Saint Lucia
Sat 21 December	ARC 2019 Prizegiving Ceremony in Saint Lucia

About the Challenge Yachts

The 72ft Challenger Yachts owned by Tall Ships Sail Training Adventures were built in 2000 and have all raced around the world several times. They provide an exciting but extremely safe environment for everyone on board. They are Maritime Coastguard Agency (MCA) Category 0 certified, meaning they have the safety features, equipment and capability to be sailed anywhere in the world.

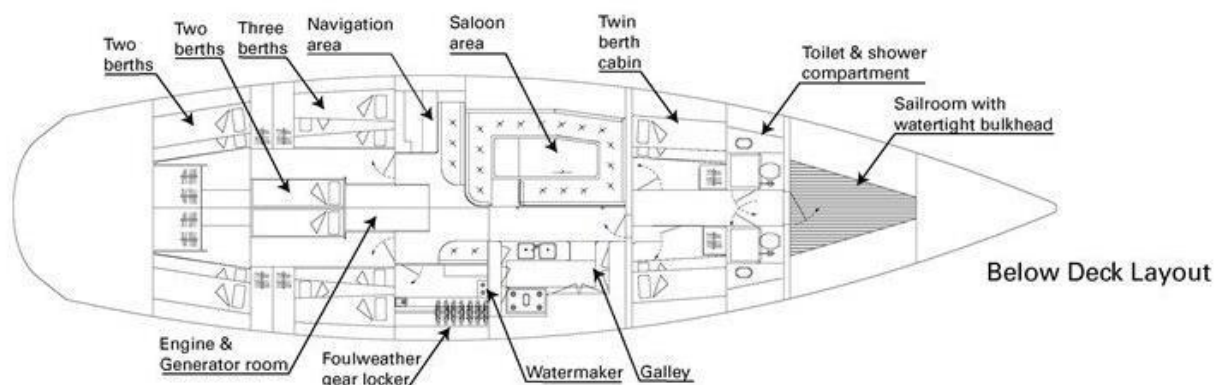


In Las Palmas, a professional Safety Inspector from the ARC team will carry out a comprehensive check of all the required Safety Equipment on board before the departure.

Codes of conduct are in place on board the yacht, and Tall Ships sailing staff will ensure that a positive, supportive and encouraging atmosphere is maintained throughout the ARC voyage.

Lifejackets with integral harnesses and good quality waterproofs are provided for all voyage crew. A full list of what is provided on board and what equipment and clothing crew will need to bring will be supplied to the successful applicants. The yachts are comfortable down below, with a well equipped kitchen (galley) and two toilets (heads) with showers. The sleeping area is open plan with snug bunks (pipe cots) and your own storage area. It is important to note that sleeping areas may be mixed male / female

Challenge 72' Class Yacht



Life on board

The ARC Youth team will be a unique hands-on experience. Each voyage crew will become an important part of the team.

Crews will be expected to get involved with all aspects of sailing the boat and help with all the cooking and cleaning throughout the trip, as well as the general maintenance of the boat. They will also need to be prepared to spend at least fourteen days at sea in the open ocean!



All meals on board are included. Crews will often eat together in the saloon or on deck and will help prepare food and do some of the washing up. Hard work is expected during the voyage so there will be plenty of delicious food to keep hunger at bay. Hot and cold drinks are also available on board at all times. Dietary requirements can also be catered for.

How the Project will be funded

World Cruising Club are currently seeking sponsors in Saint Lucia and Gran Canaria to sponsor the youth placements on board the ARC Youth Team yacht. Companies, Trusts, Educational facilities, Clubs (e.g. Sailing Clubs) can also sponsor.

If your crew place is entirely sponsored by one individual or organisation, you will be encouraged to get to know the sponsor, and you may be asked to keep the sponsor updated during the voyage via social media; write a short article at the end of your experience for a Sailing Club or local magazine; or be asked to attend an associated sponsor function pre or post-event.

What is included with a funded place on board?

- A place on-board the Youth Project yacht from Sunday 17 November until Monday 16 December 2019
- Comprehensive sailing and safety training on-board in Las Palmas
- All food & drink on-board (note – no alcohol allowed)
- Personal Travel insurance (provided via Tall Ships)
- Professional, experienced Skipper and Mate, and two qualified Watch Leaders on-board
- Full crew entry place in the ARC 2019 sailing rally, giving access to all the comprehensive shore side programme of activities before the start in Gran Canaria, and after the finish in Saint Lucia
- One way flight from Saint Lucia to Gran Canaria (before the start for Saint Lucia residents; and back home after the finish for Gran Canaria residents)
- Transport to / from the airport to the start / finish port
- Lifejackets with integral harnesses and good quality waterproofs for each person on-board
- Personalised merchandise pack including ARC Youth Team sailing clothing
- One night's accommodation (shared rooms) in a Las Palmas hotel on Sat 16 Nov (Saint Lucia crews only)

What's not included?

- Living expenses when the participant is not on-board the yacht. When the boat is at sea and in port (in Las Palmas or Rodney Bay), meals and drinks can be consumed on board without cost.
- For crews who do not yet have the sufficient level of sailing competency (equivalent to the UK qualification of RYA Competent Crew), the cost of a training course.
- Crews will need to bring some of their own equipment on board, such as a sleeping bag, towel, and some warmer clothes. Most specialist equipment and clothing including waterproofs will be provided.



Being a part of the ARC is also about sharing an adventure and dream with hundreds of other like-minded people from all over the world

Successful applicants will be encouraged to raise some additional charitable funds within their local communities, and / or amongst their friends and families to allow them to share some of the responsibility and commitment of their voyage, and take a level of personal pride in their achievement. 100% of the funds raised in this way will go towards funding personal costs that are specifically associated to them as an individual, such as the items listed above in the section 'what's not included?' The overall intention therefore, is that crews will not personally incur any costs for the duration of their time away.

If you would like to apply for a crew position on board the ARC Youth Team, we encourage to do so as soon as possible! Crew application forms and more information about the ARC Youth Team voyage is available online at www.worldcruising.com/training. You have until Friday 7 June to submit your application ... good luck!